

Ala' A.R. Albeshtawi

Clinical Psychologist Specialist/ Psychotherapist

DR Walid Sarhan Team Clinic

Amman / Jordan

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D.O.B 11 May 1986



QUALIFICATIONS

- Master's degree- Clinical Psychology- University of Jordan. 2015
- Bachelor's degree- Psychology- University of Jordan. 2010

LICENSE:

- Professional Clinical psychology- 2020

PROFESSIONAL SERVICES:

- Assessment and Evaluation (mental assessments, psychological and personality Tests -Psychometric).
- Specialty in the ADHD/A Diagnosis and treatment.
- Pre-School assessment.
- Psychological counseling.
- Psychotherapy (CBT/ Behavioral/ Analytical therapy).
- Psycho-education for the patients, caregivers, and in School.
- Follow up (inpatient and outpatient).
- Assess the Brain Tumor cases pre-post surgeries.
- Supervision and capacity building.
- Lecturer.
- Electroencephalogram technician (EEG).

EXPERIENCES:

- **Clinical psychologist specialist**

Dr. Walid Sarhan's Clinic - Amman- Jordan (2012- present).

- **Counselor and Administrative assistant**

Modern System Schools – Amman- Jordan (2010- 2011).

TRAINING:

- Psychologist to follow up patients with cancer, kidney and bedwetting, University of Jordan Hospital - Department of Social and Psychological Work.
- Training courses on psychological, personal, and mental tests - University of Jordan.
- Courses in psychological development - University of Jordan Injaz Office USAID.
- Participation in the conferences of the Ninth Jordanian Student Forum of the Friends of Jerusalem.
- Participation in the Jordanian Youth Conference.
- Participation in the Psychological Counselling Conference - Pioneers School.
- Participation in sex awareness and education courses - World Federation of Islamic Medical Societies - Youth Prevention Project - Istiklal Hospital.

MEMBERSHIPS

- Member of the Jordanian Clinical Psychological Association.
- Member of the Jordanian Psychological Association

LANGUAGES:

- Arabic: Fluent.
- English: Professional Level

AWARDS & ACTIVITIES:

- Participated as Trainer for the ADHD diagnoses and treatment, with Trauma Centre UK, 2022.
- Contributed in the translation/ edit of “Oxford Shorter Textbook of Psychiatry”. 2020
- Participated as Lecture in The forth International Conference of the Jordanian Association of Psychiatrists. Amman-Jordan 2018.
- CBT for depression Diploma by Beak institute for cognitive behaviour therapy (80 Hours) 2019.
- IQ test and Personality Tests Diploma (60 Hours) by Jordan University, 2010.
- Participating in the weekly lectures to share the experiences of medical and psychological topics. Team of Dr. Walid Sarhan Clinic.

- Participated in “Sexual Disorders (psychological and physical aspects) 2010.
- Training of trainers by king Abdullah 2nd foundation for development. 2010.

Amman -Jordan
2023